Novena to Our Lady Undoer of Knots

(The following sequence is to be followed each day of the novena)

1. Make the sign of the cross

2. Say the Act of Contrition, ask pardon for your sins and make a firm promise not to commit them again.

3. Say the first 3 decades of the Rosary (using the Mysteries for the appropriate day indicated below).

4. Make the meditation of the day (indicated)

5. Say the last 2 decades of the rosary

6. Finish with the closing Prayer to Mary, Undoer of Knots

Repeat the above sequence for each day.

Day 1

Sequence as above with appropriate Mysteries of the Rosary

Meditation for Day 1

Dearest Holy Mother, Most Holy Mary, you undo the knots that suffocate your children, extend your merciful hands to me. I entrust to You today this knot....and all the negative consequences that it provokes in my life. I give you this knot that torments me and makes me unhappy and so impedes me from uniting myself to You and Your Son Jesus, my Savior. I run to You, Mary, Undoer of Knots because I trust you and I know that you never despise a sinning child who comes to ask you for help. I believe that you can undo this knot because Jesus grants you everything. I believe that you want to undo this knot because you are my Mother. I believe that You will do this because you love me with eternal love.

Thank you, Dear Mother.

Mary, Undoer of Knots, pray for me.

The one who seeks grace, finds it in Mary's hands.

PRAYER TO MARY, UNDOER OF KNOTS (Closing Prayer at the end of each day)

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life.

You know very well how desperate I am, my pain and how I am bound by these knots.

Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life.

No one, not even the evil one himself, can take it away from your precious care. In your hands there is no knot that cannot be undone.

Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot...I beg you to undo it for the glory of God, once for all.

You are my hope.

O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution and with Christ the freedom from my chains. 

Hear my plea.

Keep me, guide me, protect me, o safe refuge!

Mary, Undoer of Knots, pray for me

Day 2 – Sequence as above with appropriate Mysteries of the Rosary

Meditation for Day 2

Mary, Beloved Mother, channel of all grace, I return to You today my heart, recognizing that I am a sinner in need of your help. Many times I lose the graces you grant me because of my sins of egoism, pride, rancor and my lack of generosity and humility. I turn to You today, Mary, Undoer of knots, for You to ask your Son Jesus to grant me a pure, divested, humble and trusting heart. I will live today practicing these virtues and offering you this as a sign of my love for You. I entrust into Your hands this knot (...describe) which keeps me from reflecting the glory of God.

Mary, Undoer of Knots, pray for me.

Mary offered all the moments of her day to God.

Day 3 – Sequence as above with appropriate Mysteries of the Rosary

Meditation for Day 3

Meditating Mother, Queen of heaven, in whose hands the treasures of the King are found, turn your merciful eyes upon me today. I entrust into your holy hands this knot in my life...and all the rancor and resentment it has caused in me. I ask Your forgiveness, God the Father, for my sin. Help me now to forgive all the persons who consciously or unconsciously provoked this knot. Give me, also, the grace to forgive me for having provoked this knot. Only in this way can You undo it.

Before You, dearest Mother, and in the name of Your Son Jesus, my Savior, who has suffered so many offenses, having been granted forgiveness, I now forgive these persons...and myself, forever. Thank you, Mary, Undoer of Knots for undoing the knot of rancor in my heart and the knot which I now present to you.

Amen.

Mary, Undoer of Knots, pray for me.